We claim:

- 1. A gripping bandage adapted to be disposed over a finger to protect the finger when using a sports or hand tool implement, the bandage comprising:
- a first self-adhering strip having a first predetermined length;
- a second impact cushioning strip overlying a portion of, permanently and sealingly bonded to, the first self-adhering strip;

the second cushioning strip providing protection from abrasion and pressure when the bandage is applied to a finger.

- 2. The gripping bandage of claim 1 wherein the first self-adhering strip is composed of elastic material.
- 3. The gripping bandage of claim 1 wherein the second cushioning strip has a length shorter than the first predetermined length of the first strip.
- 4. The gripping bandage of claim 1 wherein the first strip and the second cushioning strip are of substantially equal width.
- 5. The gripping bandage of claim 1 wherein the first self-adhering strip comprises a non-woven polymer fiber base material.
- 6. The gripping bandage of claim 1 wherein the first strip maintains its self-adhering capability when wet.
- 7. The gripping bandage of claim 1 wherein the first self-adhering strip is elastic in a longitudinal direction.
- 8. The gripping bandage of claim 1 wherein the first self-adhering strip is elastic in a latitudinal direction.
- 9. The gripping bandage of claim 1 wherein the second cushioning strip comprises a flexible, non-self-adhering material.
- 10. The gripping bandage of claim 1 wherein the second cushioning strip composed of material with non-slip surface.
- 11. The gripping bandage of claim 10 wherein the second cushioning strip comprises a leather base material, natural or artificial.
- 12. The gripping bandage of claim 10 wherein the second cushioning strip comprises a foam base material.

- 13. The gripping bandage of claim 10 wherein the second cushioning strip comprises a fabric base material.
- 14. A gripping bandage adapted to be disposed over a finger to protect the finger when using a sports or hand tool implement, the bandage comprising:
- a first self-adhering strip having a first pre-determined length;
- a second cushioning strip overlying a portion of, and bonded to, the first self-adhering strip; the second cushioning strip providing protection from abrasion and pressure when the bandage is applied to a finger; and

the first self adhering strip comprising a non-woven polymer fiber base material with elastic threads extending through the fiber base material in a longitudinal direction.

- 15. A gripping bandage adapted to be disposed over a finger to protect the finger when using a sports or hand tool implement, the bandage comprising;
- a first self-adhering strip having a first pre-determined length;
- a second cushioning strip overlying a portion of, and bonded to, the first self-adhering strip; the second cushioning strip providing protection from abrasion and pressure when the bandage is applied to a finger; and

the first self-adhering strip comprising a non-woven polymer fiber base material and a layer of latex.

- 16. A bandage adapted to be disposed over a finger to protect the finger when using a sports or hand tool implement, the bandage comprising;
- a first self-adhering strip having a fist predetermined length;
- a second cushioning strip overlying a portion of, and bonded to the first self-adhering strip; the second cushioning strip providing protection from abrasion and pressure when the bandage is applied to a finger,

an insert strip disposed between the first self-adhering strip and the second cushioning strip.

- 17. The gripping bandage of claim 16 wherein the insert strip comprises at least one layer of foam material.
- 18. The gripping bandage of claim 16 wherein the insert strip comprises at least one layer of cotton based material.
- 19. A gripping bandage adapted to be disposed over a finger portion of a glove to protect the finger inside the glove when the glove is worn when using a sports or hand tool implement, the

bandage comprising:

- a first self-adhering strip having a first predetermined length;
- a second impact cushioning strip overlying a portion of, permanently and sealingly bonded to, the first self-adhering strip;

the second cushioning strip providing protection from abrasion and pressure when the bandage is disposed over a finger portion of the glove and the glove is worn when using a sports or hand tool implement.

- 20. A gripping bandage adapted to be disposed over a finger to protect the finger when using a sports or hand tool implement, the bandage comprising:
- a first self-adhering strip having a first predetermined length;
- a double sided glue tape strip applied to a portion of surface of the first self-adhering strip;
- a second elastic impact cushioning strip overlying a portion of, permanently and sealingly bonded to, the first self-adhering strip;

the second cushioning strip providing protection from abrasion and pressure when the bandage is applied to a finger.

- 21. A gripping bandage adapted to be disposed over a finger to protect the finger when using a sports or hand tool implement, the bandage comprising:
- a first self-adhering strip having a first predetermined length;
- a coat of adhesive material applied to a portion of surface of the first self-adhering strip;
- a second impact cushioning strip overlying a portion of, permanently and sealingly bonded to, the first self-adhering strip;

the second cushioning strip providing protection from abrasion and pressure when the bandage is applied to a finger.

- 22. A gripping bandage adapted to be disposed over a finger to protect the finger when using a sports or hand tool implement, the bandage comprising:
- a first self-adhering strip having a first predetermined length;
- a second impact cushioning strip overlying a portion of, permanently and sealingly bonded to, the first self-adhering strip by sewing;

the second cushioning strip providing protection from abrasion and pressure when the bandage is applied to a finger.

- 23. A gripping bandage adapted to be disposed over a finger to protect the finger when using a sports or hand tool implement, the bandage comprising:
- a first self-adhering strip having a first predetermined length;
- a second impact cushioning strip overlying a portion of, permanently and sealingly bonded to, the first self-adhering strip by gluing and sewing;
- the second cushioning strip providing protection from abrasion and pressure when the bandage is applied to a finger.